## Standard 1: Self Awareness

## Vocabulary

- 1. Ability: a skill that has been developed
- 2. Aptitude: the natural ability or potential for learning new skills
- 3. Attitude: a person's outlook on life, usually positive or negative
- 4. Interest: a thing a person enjoys doing or thinking about
- 5. Learning Style: natural method or way one thinks or learns
- 6. Lifestyle: typical way of life
- 7. Personality: the combination of attitude, values, interests, and behaviors that identify a person
- 8. Respect: consideration, especially for others
- 9. Self concept: the way in which a person views his or her self-worth
- 10. Self esteem: recognition and regard for oneself and ones abilities
- 11. Skill: the ability to perform a certain activity well
- 12. Values: personal standards by which one lives
- 13. Work Environment: the surroundings and conditions of your workplace
- 14. Working Conditions: the environment of the workplace